PULSE

APRIL 2022 ■ PULSE.EXPERIENCEISPA.COM

Pack Jour Bags! 2022 ISPA CONFERENCE

SEE YOU SOON!



Award Winners

IT'S BEEN A LONG TIME COMING, but ISPA award winners Kerstin Florian and Ella Kent will finally, officially accept their well-deserved honors at the 2022 ISPA Conference. Back in 2020, Florian, founder of

> Kerstin Florian International, was selected to receive ISPA's Visionary Award, which is

given to someone in the spa industry

who has made significant contributions to both the definition and positive movement of health and wellness during their career. That same year, former

ISPA Board Chair Ella Kent, who

currently serves as Director of Rooms at Sea Island, was given ISPA's Dedicated Contributor Award, which honors an individual who has contributed significantly to the growth of the association and promoted its mission and value. ISPA is thrilled to honor these incredible women and recognize their invaluable contributions to our industry alongside the ISPA community.



In addition, Power Session speaker Leon Logothetis has been named this year's winner of the Alex Szekely Humanitarian

Award—named in honor of the late spa pioneer Alex Szekely. The award recognizes an individual who acts as a

respected contributor to overall well-being, encouraging the renewal of mind, body and spirit—all of which are characteristics embodied

by ISPA members worldwide.

THE 2022 ISPA CONFERENCE is

packed with brilliant thinkers and speakers, and, as it turns out, many of those same people are equally brilliant authors! Get well-acquainted with some of the fantastic individuals—including all three Power Session speakers—who will be sharing their insights and wisdom with the ISPA community by picking up a copy of their most recent books.



Upstream BY DAN HEATH

In his latest work, entrepreneurial expert Dan Heath explores our approach to problem solving and argues for a more effective, efficient approach to preventing prob-

lems by addressing their root causes instead of simply reacting to their effects.

Audacious Prayers for World Changers

BY JADE SIMMONS Renowned speaker and world-class concert pianist Jade Simmons encourages readers to think, do and be



Light Reading

bigger in this inspirational work that gives us the words to match our boldest, most audacious dreams.



Go Be Kind

BY LEON LOGOTHETIS This journal from the author of The Kindness Diaries details a series of daily adventures designed to help

Friendship

Loneliness

readers step outside of their comfort zones and rediscover kindness in ways guaranteed to lead to a more rewarding, more magnificent life.

Friendship in the Age of Loneliness

BY ADAM "SMILEY" POSWOLSKY

Workplace belonging expert Adam "Smiley" Poswolsky

published this refreshing, positive guide for taking care of ourselves and our teams at a time when, despite living in an age of digital connection, we're lonelier than ever.

The Inspiration Collection

BY DR. BRYAN K. WILLIAMS Longtime ISPA Conference favorite Dr. Bryan K. Williams shares 45 devotions intended to move, motivate, rejuvenate and uplift readers in those low moments that everyone has experienced at one time or another.



You're Kind of a Big Deal: Level Up by Unlocking Your Audacity BY ERIN KING

International keynote speaker and successful entrepreneur Erin King shares the strategies, tools and inspiration you need to break through the barriers that stand between you and your

biggest, most daring and courageous goals.

Crisis Ready BY MELISSA AGNES

Crisis management strategist Melissa Agnes draws from her extensive experience help-

ing global brands, government organizations and world leaders to help readers develop an invincible brand built to withstand anything the modern world throws at it.



YOUR NEXT OBSESSION

Spring has sprung, and ISPA's April Reveal Box contains an assortment of top-quality, can't-miss products ideal for leaving you feeling renewed, refreshed and ready to look and feel your best, no matter the season.



APRIL REVEAL BOX

1. BodyBliss

Prickly Pear Shea Body Butter

Michelle Metz • Michelle@Bodybliss.com bodybliss.com BOOTH # 435

2. Beekman 1802

Honey & Orange Blossom 2oz Goat Milk Hand Cream

Carolyn Geremia - Carolyng@beekman1802.com Beekman1802.com **BOOTH # 1023**

3. Elemis USA

Pro Collagen Marine Moisture Essence

Yushing Foo • Yushing.Foo@elemis.com elemis.com **BOOTH # 1009**

4. Éminence Organic Skin Care Marine Flower Peptide Concentrate

Gillian Cumberbirch . GCawsey@eminenceorganics.com eminenceorganics.com **BOOTH #709**

5. Essence

Essence

Michael DeLeeuw • mike@essencering.com Essencering.com **BOOTH #642**

6. Kerstin Florian International

Natural Rehydrating Neroli Water

Chloe DeAngelis • cdeangelis@kerstinflorian.com kerstinflorian.com

BOOTH #721

7. Lola's Apothecary Monsoon Paradise Illuminating Body & Massage Oil

Dominic Phillips • dom@lolasapothecary.com lolasapothecary.com

BOOTH #943

8. Uberlube

Uberlube premium Silicone Lubricant 50ml bottle

uberlube.com **BOOTH #748**

9. CryoBuilt

Promotional Flyer

cryobuilt.com **BOOTH # 1118**

